



MAY 2018

**El Paso
Gridley
High
School
CUSD #11**

**Arbor A+ Nutrition Mission
To serve students daily:**

- ✓ A wide variety of fresh, nutrient rich foods
- ✓ Fresh fruits and vegetables, locally sourced as seasonally available
- ✓ Cage free poultry with no added hormones or steroids
- ✓ Fresh whole and multigrain bread, buns and baked goods
- ✓ No-fat or 1% milk free from any growth hormones from local, sustainable farms

~Arbor Management~

Make Choices for a Healthy Lifestyle!



For more information or to "Ask the Dietitian", check out our website!

Questions about the menu?
Jill Layden
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	Monday	Tuesday	Wednesday	Thursday	Friday
Includes fruit and vegetable choices, whole grain breads and rolls and milk.		5/1 Freshly Made *Pepperoni Pizza	5/2 *Chicken Melt	5/3 Fiesta Nacho Supreme	5/4 Freshly Made Buffalo Chicken Pizza
	5/7 **Lasagna Roll-up w/Marinara Sauce V	5/8 Freshly Made *Sausage Pizza	5/9 Pretzel with Meat & Cheese	5/10 *Bacon Cheeseburger	5/11 *Hot Ham & Cheese Sandwich
	5/14 Grilled Cheese V	5/15 Freshly Made *Pepperoni Pizza	5/16 Pony Shoe	5/17 Fiesta Nacho Supreme	5/18 Freshly Made *Sausage Pizza
	5/21 **Chicken Nuggets	5/22 Freshly Made Buffalo Chicken Pizza	5/23 Pepper Jack Cheeseburger	5/24 11:30 DISMISSAL LAST DAY OF SCHOOL	5/25 ENJOY YOUR SUMMER BREAK GOOD LUCK GRADS!!
Fresh Fruit & Veggie Bar available daily with all lunches					
Sandwich Selection	Crispy Chicken Sandwich Grilled Burgers				
Daily Pizza Selections	Sausage	Cheese V	Sausage	Pepperoni	Sausage
	Cheese Pizza V	Pepperoni	Cheese V	Cheese V	Pepperoni
Wraps	Crispy Chicken Wrap	*Turkey & Bacon Wrap	Turkey & Cheese Wrap	Spicy Buffalo Chicken Wrap	*Turkey & Bacon Wrap
Fresh Salads	**Crispy Chicken Salad	**Buffalo Chicken Salad	**Grilled Chicken Salad	**Crispy Chicken Salad	**Chef Salad

Go Titans

Lunch
\$2.50
Milk
30¢

Comprehensive nutrition & allergy guides are available in the Foodservice Office.

Spring is in the air!

 With spring comes the early beginnings of local, seasonal produce. Look for new spring options on the **FRUIT & VEGGIE BAR!** Go ahead, try it, you might like it!

V=vegetarian option available
*Contains or may contain pork ingredients.
**Entrée Served w/Roll

