



arbor Management Inc.



March 2018

El Paso-Gridley High School Lunch Menu



Arbor A+ Nutrition Standards:

- ✓ Encourage nutritious & delicious Fruits & Vegetables
- ✓ Chicken raised Cage-Free and Grain-Fed with NO added Hormones/Steroids
- ✓ Fat Free or 1% Milk with NO Artificial Growth Hormones
- ✓ Whole Grain Rich products every day
- ✓ Baked instead of Deep Fried
- ✓ Minimal Saturated Fat, Added Sugars, Artificial Ingredients, and Sodium whenever possible!

-Arbor Management-

Make Choices for a Healthy Lifestyle!



Questions about the menu?

Jill Layden
Food Service Manager
309-527-4289

Comprehensive nutrition & allergy guides are available.

This menu follows USDA National School Lunch Program guidelines. This institution is an equal opportunity provider & employer.

Lunch \$2.50 Milk 30¢

	Monday	Tuesday	Wednesday	Thursday March 1	Friday March 2	DAILY
Daily Special				Cheese Quesadilla V	Taco Salad w/Southwestern Ranch Dressing	AVAILABLE DAILY JUICY BURGERS PIZZA SELECTION CHICKEN SANDWICHES FRESH SALADS SUB SANDWICHES WRAPS <u>Fruit & Veggie Bar</u> Students may choose 1 Fruit & 3 Vegetable Servings
Hot Sandwiches and More				*Bacon Cheeseburger	Walking Taco	
Pizzas				*Sausage Cheese V	Cheese V Pepperoni	 <i>featuring...</i>  Beets have a sweet flavor. They taste like a mixture of carrots and tomatoes
Hot and Fresh Vegetables				Romaine Salad Green Beans	Baby Carrots w/Dip Refried Beans	
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.					
Grab 'N Go				**Garden Salad V	**Buffalo Chicken Salad	V=vegetarian option available *Contains or may contain pork ingredients. **Roll w/Entree
				Buffalo Chicken Wrap	Ham & Cheese Sub	



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	Monday March 5	Tuesday March 6	Wednesday March 7	Thursday March 8	Friday March 9
Daily Special	Crispy Chicken Sandwich	Freshly Made Buffalo Chicken Pizza	**Lasagna Roll-Up w/Marinara Sauce V	*Bacon Cheeseburger	Freshly Made Taco Pizza
Hot Sandwiches and More	Jumbo Ravioli w/Garlic Bread	Pizza Burger	*BBQ Rib Sandwich	"Double Dog" Chili Dog	Chicken Fajita
	*BBQ Rib Sandwich	Crispy Chicken Sandwich	Pony Shoe	Grilled Chicken Sandwich	Grilled Cheese V
Pizzas	Pepperoni	Cheese V	Pepperoni	Cheese V	Cheese Pizza V
	Cheese V	*Sausage	Cheese V	Pepperoni	*Sausage
Hot and Fresh Vegetables	Romaine Salad Cucumbers w/Dip	Glazed Carrots Garbanzo Beans	Steamed Broccoli Corn	Oven Fries Baby Carrots w/Dip	Broccoli Buds w/Dip Refried Beans
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.				
Grab 'N Go	Buffalo Chicken Wrap	Ham & Cheese Pinwheel	Crispy Chicken Wrap	**Chef Salad	**Buffalo Chicken Salad
	**Crispy Chicken Salad	Chicken Ranch Wrap	Turkey & Cheese Sub	Buffalo Chicken Wrap	Turkey & Cheese Sub

DAILY

AVAILABLE DAILY

JUICY BURGERS
PIZZA SELECTION
CHICKEN SANDWICHES
FRESH SALADS
SUB SANDWICHES
WRAPS

Fruit & Veggie Bar

Students may choose
1 Fruit &
3 Vegetable Servings



featuring...

Beet

Beets have a sweet flavor. They taste like a mixture of carrots and tomatoes

V=vegetarian option available
*Contains or may contain pork ingredients.
**Roll w/Entree



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	Monday March 12	Tuesday March 13	Wednesday March 14	Thursday March 15	Friday March 16	DAILY
Daily Special	Meatball Sub	Freshly Made *Pepperoni Pizza	General Tso's Chicken	Fiesta Nacho Supreme	Pizza Burger	AVAILABLE DAILY JUICY BURGERS PIZZA SELECTION CHICKEN SANDWICHES FRESH SALADS SUB SANDWICHES WRAPS <u>Fruit & Veggie Bar</u> Students may choose 1 Fruit & 3 Vegetable Servings
Hot Sandwiches and More	Crispy Chicken Sandwich	Grilled Cheese V	Tasty Tacos	Mini Corn Dogs	Chicken Fajita	
	Cheeseburger	Mini Corn Dogs	Grilled Chicken Sandwich	Crispy Chicken Sandwich	Grilled Cheese V	
Pizzas	Cheese V	*Sausage	Cheese V	*Sausage	Cheese V	
	Pepperoni	Cheese V	Pepperoni	Cheese V	Pepperoni	
Hot and Fresh Vegetables	Carrots w/Dip	Romaine Salad	Mashed Potatoes w/Gravy	Steamed Broccoli	Sweet Potatoes	featuring...
	Green Beans	Baby Carrots w/Dip	Golden Corn	Baked Beans	Oven Fries	
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.					Beets have a sweet flavor. They taste like a mixture of carrots and tomatoes V=vegetarian option available *Contains or may contain pork ingredients. **Roll w/Entree
Grab 'N Go	Turkey & *Bacon Wrap	Buffalo Chicken Wrap	**Crispy Chicken Salad	Turkey & *Bacon Wrap	Ham & Cheese Pinwheel	
	**Chef Salad	Ham & Cheese Sub	Chicken Ranch Wrap	**Buffalo Chicken Salad	Turkey & *Bacon Wrap	

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	Monday March 19	Tuesday March 20	Wednesday March 21	Thursday March 22	Friday March 23
Daily Special	**Chicken Alfredo	Freshly Made Italian *Sausage Pizza	Fiesta Nacho Supreme	Walking Taco	**Jumbo Ravioli V
Hot Sandwiches and More	Crispy Chicken Sandwich	Grilled Chicken	Tasty Tacos	*Bacon Cheeseburger	Pony Shoe
	*BBQ Rib Sandwich	Cheeseburger	Crispy Chicken Sandwich	"Double Dogs"	Chicken Fajita
Pizzas	Cheese V	*Sausage	Cheese V	*Sausage	Cheese V
	Pepperoni	Cheese V	Pepperoni	Cheese V	Pepperoni
Hot and Fresh Vegetables	Tangy Baked Beans Baby Carrots w/Dip	Romaine Salad Corn	Glazed Carrots Broccoli w/Dip	Potato Puffs Garden Peas	Cucumbers w/Dip Sweet Potatoes
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.				
Grab 'N Go	Turkey & *Bacon Wrap	Ham & Cheese Pinwheel	Crispy Chicken Wrap	Ham & Cheese Pinwheel	**Garden Salad
	Crispy Chicken Wrap	**Buffalo Chicken Salad	Turkey & Cheese Sub	Turkey & *Bacon Wrap	**Crispy Chicken Salad

DAILY

AVAILABLE DAILY

JUICY BURGERS
PIZZA SELECTION
CHICKEN SANDWICHES
FRESH SALADS
SUB SANDWICHES
WRAPS

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	Monday March 26	Tuesday March 27	Wednesday March 28	Thursday March 29	Friday March 30	DAILY
Daily Special	SPRING BREAK! ENJOY!					<p><u>AVAILABLE DAILY</u> JUICY BURGERS PIZZA SELECTION CHICKEN SANDWICHES FRESH SALADS SUB SANDWICHES WRAPS</p> <p><u>Fruit & Veggie Bar</u> Students may choose 1 Fruit & 3 Vegetable Servings</p>
Hot Sandwiches and More						
Pizzas						
Hot and Fresh Vegetables						
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.					
Grab 'N Go						



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