



arbor Management Inc.



January 2018

El Paso-Gridley High School Lunch Menu



Arbor A+ Nutrition Standards:

- ✓ Encourage nutritious & delicious Fruits & Vegetables
- ✓ Chicken raised Cage-Free and Grain-Fed with NO added Hormones/Steroids
- ✓ Fat Free or 1% Milk with NO Artificial Growth Hormones
- ✓ Whole Grain Rich products every day
- ✓ Baked instead of Deep Fried
- ✓ Minimal Saturated Fat, Added Sugars, Artificial Ingredients, and Sodium whenever possible!

-Arbor Management-

Make Choices for a Healthy Lifestyle!

Questions about the menu?

Jill Layden
Food Service Manager
309-527-4289

Comprehensive nutrition & allergy guides are available.

This menu follows USDA National School Lunch Program guidelines. This institution is an equal opportunity provider & employer.

Lunch \$2.50 Milk 30¢

	Monday January 8	Tuesday January 9	Wednesday January 10	Thursday January 11	Friday January 12	DAILY
Daily Special	Pretzel w/Meat & Cheese	Freshly Made *Italian Sausage Pizza	Jumbo Ravioli w/Garlic Bread	Cheese Quesadilla V	FIESTA FRIDAY Taco Salad w/Southwestern Ranch Dressing	AVAILABLE DAILY JUICY BURGERS PIZZA SELECTION CHICKEN SANDWICHES FRESH SALADS SUB SANDWICHES WRAPS
Hot Sandwiches and More	Crispy Chicken Sandwich	Sloppy Joes	Tasty Tacos	*Bacon Cheeseburger	Walking Taco	Fruit & Veggie Bar Students may choose 2 Fruit & 4 Vegetable Servings
	Hot Dog	Chicken Marinara Sandwich	Crispy Chicken Sandwich	Mini Corn Dogs	Grilled Chicken Sandwich	
Pizzas	Cheese Pizza V	Pepperoni	Cheese Pizza V	*Sausage	Cheese V	Farm Fresh Produce
	*Sausage	Cheese Pizza V	Pepperoni	Cheese V	Pepperoni	
Hot and Fresh Vegetables	Steamed Broccoli Garden Peas	Oven Fries Cucumbers	Glazed Carrots Broccoli w/Dip	Romaine Salad Green Beans	Baby Carrots w/Dip Refried Beans	<i>featuring...</i> Blueberry
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.					Did you know freezing Blueberries & other produce helps to keep the nutrients inside?
Grab 'N Go	Turkey & *Bacon Wrap	Turkey & Cheese Sub	Crispy Chicken Wrap	Garden Chef Salad **	Buffalo Chicken Salad	V=vegetarian option available *Contains or may contain pork ingredients. **Roll w/Entree
	Ham & Cheese Pinwheel	Crispy Chicken Salad**	Turkey & *Bacon Wrap	Buffalo Chicken Wrap	Ham & Cheese Sub	



Menu changes may be necessary. Notice will be given when possible.



arbor Management Inc.



January 2018

El Paso-Gridley High School Lunch Menu



Arbor A+ Nutrition Standards:

- ✓ Encourage nutritious & delicious Fruits & Vegetables
- ✓ Chicken raised Cage-Free and Grain-Fed with NO added Hormones/Steroids
- ✓ Fat Free or 1% Milk with NO Artificial Growth Hormones
- ✓ Whole Grain Rich products every day
- ✓ Baked instead of Deep Fried
- ✓ Minimal Saturated Fat, Added Sugars, Artificial Ingredients, and Sodium whenever possible!

-Arbor Management-

Make Choices for a Healthy Lifestyle!

Questions about the menu?

Jill Layden
Food Service Manager
309-527-4289

Comprehensive nutrition & allergy guides are available.

This menu follows USDA National School Lunch Program guidelines. This institution is an equal opportunity provider & employer.

Lunch \$2.50 Milk 30¢

	Monday January 15	Tuesday January 16	Wednesday January 17	Thursday January 18	Friday January 19
Daily Special	NO SCHOOL	Freshly Made Buffalo Chicken Pizza	Lasagna Roll-up w/Marinara Sauce V	Cheeseburger	FIESTA FRIDAY Freshly Made Taco Pizza
Hot Sandwiches and More		Pizza Burger	*BBQ Rib Sandwich	"Double Dog" Chili Dog	Chicken Fajita
		Crispy Chicken Sandwich	Pony Shoe	Grilled Chicken Sandwich	Fiesta Nacho Supreme
Pizzas		Cheese Pizza V	Pepperoni	Cheese Pizza V	Cheese Pizza V
		*Sausage	Cheese Pizza V	Pepperoni Pizza	*Sausage
Hot and Fresh Vegetables		Glazed Carrots	Steamed Broccoli	Oven Fries	Broccoli Buds
		Garbanzo Beans	Corn	Baby Carrots w/Dip	Cucumbers
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.				
Grab 'N Go		Ham & Cheese Pinwheel	Crispy Chicken Wrap	**Chef Salad	Buffalo Chicken Salad
		Chicken Ranch Wrap	Turkey & Cheese Sub	Buffalo Chicken Wrap	Turkey & Cheese Sub

DAILY

AVAILABLE DAILY
JUICY BURGERS
PIZZA SELECTION
CHICKEN SANDWICHES
FRESH SALADS
SUB SANDWICHES
WRAPS

Fruit & Veggie Bar
Students may choose
2 Fruit &
4 Vegetable Servings



featuring...

Blueberry

Did you know freezing Blueberries & other produce helps to keep the nutrients inside?

V=vegetarian option available
*Contains or may contain pork ingredients.
**Roll w/Entree



Menu changes may be necessary. Notice will be given when possible.



arbor Management Inc.



January 2018 El Paso-Gridley High School Lunch Menu



Arbor A+ Nutrition Standards:

- ✓ Encourage nutritious & delicious Fruits & Vegetables
- ✓ Chicken raised Cage-Free and Grain-Fed with NO added Hormones/Steroids
- ✓ Fat Free or 1% Milk with NO Artificial Growth Hormones
- ✓ Whole Grain Rich products every day
- ✓ Baked instead of Deep Fried
- ✓ Minimal Saturated Fat, Added Sugars, Artificial Ingredients, and Sodium whenever possible!

~Arbor Management~

Make Choices for a Healthy Lifestyle!

Questions about the menu?

Jill Layden
Food Service Manager
309-527-4289

Comprehensive nutrition & allergy guides are available.

This menu follows USDA National School Lunch Program guidelines. This institution is an equal opportunity provider & employer.

Lunch \$2.50 Milk 30¢

	Monday January 22	Tuesday January 23	Wednesday January 24	Thursday January 25	Friday January 26
Daily Special	Meatball Sub	Freshly Made *Pepperoni Pizza	General Tso's Chicken	Fiesta Nacho Supreme	NO LUNCH SERVED TODAY
Hot Sandwiches and More	Crispy Chicken Sandwich	Grilled Cheese V	Tasty Tacos	Chicken Strips & Waffle	
	Cheeseburger	Fish Sandwich	Grilled Chicken	Crispy Chicken Sandwich	
Pizzas	Cheese V	*Sausage	Cheese Pizza V	*Sausage	
	Pepperoni	Cheese V	Pepperoni	Cheese V	
Hot and Fresh Vegetables	Carrots w/Dip Green Beans	Romaine Salad Baby Carrots w/Dip	Mashed Potatoes w/Gravy Corn	Steamed Broccoli Baked Beans	
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.				
Grab 'N Go	Turkey & *Bacon Wrap	Buffalo Chicken Wrap	Crispy Chicken Salad	Turkey & *Bacon Wrap	
	Chef Salad	Ham & Cheese Sub	Chicken Ranch Wrap	Buffalo Chicken Salad	

DAILY

AVAILABLE DAILY

JUICY BURGERS
PIZZA SELECTION
CHICKEN SANDWICHES
FRESH SALADS
SUB SANDWICHES
WRAPS

Fruit & Veggie Bar

Students may choose
2 Fruit &
4 Vegetable Servings



featuring...



Blueberry

Did you know freezing Blueberries & other produce helps to keep the nutrients inside?

V=vegetarian option available
*Contains or may contain pork ingredients.
**Roll w/Entree



Menu changes may be necessary. Notice will be given when possible.



arbor Management Inc.



January 2018 El Paso-Gridley High School Lunch Menu



Arbor A+ Nutrition Standards:

- ✓ Encourage nutritious & delicious Fruits & Vegetables
- ✓ Chicken raised Cage-Free and Grain-Fed with NO added Hormones/Steroids
- ✓ Fat Free or 1% Milk with NO Artificial Growth Hormones
- ✓ Whole Grain Rich products every day
- ✓ Baked instead of Deep Fried
- ✓ Minimal Saturated Fat, Added Sugars, Artificial Ingredients, and Sodium whenever possible!

Arbor Management

Make Choices for a Healthy Lifestyle!



Questions about the menu?

Jill Layden
Food Service Manager
309-527-4289

Comprehensive nutrition & allergy guides are available.

This menu follows USDA National School Lunch Program guidelines. This institution is an equal opportunity provider & employer.

Lunch \$2.50 Milk 30¢

	Monday January 29	Tuesday January 30	Wednesday January 31	Thursday	Friday	DAILY
Daily Special	Chicken Alfredo**	Freshly Made Italian *Sausage Pizza	Fiesta Nacho Supreme			AVAILABLE DAILY JUICY BURGERS PIZZA SELECTION CHICKEN SANDWICHES FRESH SALADS SUB SANDWICHES WRAPS <u>Fruit & Veggie Bar</u> Students may choose 2 Fruit & 4 Vegetable Servings
Hot Sandwiches and More	Crispy Chicken Sandwich	Grilled Chicken	Tasty Tacos			
Pizzas	Cheese V	*Sausage	Cheese Pizza V			 <i>featuring...</i>  Did you know freezing Blueberries & other produce helps to keep the nutrients inside? V=vegetarian option available *Contains or may contain pork ingredients. **Roll w/Entree
	Pepperoni	Cheese V	Pepperoni			
Hot and Fresh Vegetables	Tangy Baked Beans Baby Carrots	Romaine Salad Corn	Glazed Carrots Broccoli w/Dip			
Fruit	Fresh and canned fruit variety daily. Selection can include apples, oranges, blueberries, melon, bananas, pears, etc.					
Grab 'N Go	Turkey & *Bacon Wrap	Ham & Cheese Pinwheel	Crispy Chicken Wrap			
	Crispy Chicken Wrap	Buffalo Chicken Salad	Turkey & Cheese Sub			



Menu changes may be necessary. Notice will be given when possible.